



UNION GOSPEL MISSION

LIFECHANGE LETTER

Feeding the hungry, restoring the addict and loving our neighbor since 1927.

FEBRUARY 2020

The Career Advancement Program: *Equipping LifeChange Graduates for Longterm Success*

The Career Advancement Program (CAP) was created to help LifeChange graduates find a career path and job opportunities that they normally wouldn't have access to.

In 2019, UGM partnered with Warner Pacific University to develop a kind of internship for the LifeChange graduates under the Warner Pacific University umbrella. We formulated course work that allows residents to get field experience as a university student.

“... bring holistic healing to the mind, body and spirit, that's what we do here at LifeChange.”

Church, friends, career and employment are all part of developing a new life away from addiction and homelessness. After recovery, going back to an old job or old lifestyle can often lead to going back to the old bad habits.

In CAP, the graduates get to explore their passions and desires and explore real world applications to find the best career fit for their

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Equipping LifeChange Graduates for Longterm Success

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aptitude. “The guys are super excited,” says Paul Schramm, UGM AfterCare Director. “Their career paths range from health care to helicopter pilot.”

Luis, a LifeChange graduate and CAP student, is currently doing his field study at a local church. “I’m learning how to build a sermon and disciple people, I’m learning what it means to plant a church,” exclaims Luis. “I’m doing things I never thought possible for me.”

UGM’s longterm goal is to have 4 to 8 students a year that will be coached and mentored through the process of discovering their passions all the way to employment in their career choice. In some cases, continuing education might be part of that path.

“The ultimate goal is to bring holistic healing to the mind, body and spirit,” says Paul. “That’s what we do here at LifeChange.”

UGM’s LifeChange is a Christ-centered recovery program where residents live and work in a community of people committed to transforming their lives and breaking the grip of addiction.

If you know of someone battling addiction or homelessness and they are interested in a LifeChange, contact our Intake Coordinator at mensintake@ugmportland.org or call 503-274-4483. Women can contact LifeChange for Women and Their Children at 503-802-2271



UGM BY THE NUMBERS: OCTOBER 2019-DECEMBER 2019



TOTAL MEALS
75,267



SEARCH+RESCUE KITS
6,188



EMERGENCY FOOD BOXES
730



VOLUNTEER HOURS
1,034



CHAPEL ATTENDANCE/DINNERS
6,072



SACK LUNCHES
2,370



HOT BREAKFAST AND LUNCH
27,957

Volunteer Profile: John D. Bradley

I believe that there are two types of volunteer opportunities. The first and most common is to ask, “how can I be of service?” At that point the individual considers several volunteer opportunities which UGM has available. The second type (which I pursued) is to have a vision and then make a proposal to UGM.

My day job is mid-career advancement counselor and organization candidate screening trainer/coach while serving as president of the IDAK Group. We are now celebrating 40 years of service and at this point, I am carefully selecting what projects I do. Some might call this semi-retirement.

My volunteer role at UGM is director/professor of a pilot project which guides selected UGM residents to define and achieve a career goal that will bring meaning and fulfillment to their lives. We call this the Career Advancement Program, CAP in short. We couldn’t have done this without the cooperation of Warner Pacific University. WPU agreed to accept a pilot a college class entitled Field Experience. By UGM residents enrolling in the class can present themselves to prospective employers as college

students seeking informational interviews to learn about new career fields. They ultimately to request a 3-month field experience in the career of their choice.

The CAP program was designed to guide each student to consider an optimum career for which he was gifted but had no past qualifications. Each student develops his own goal and then secures a field experience in that career which would ultimately lead to employment.



Winter Needs at Union Gospel Mission

Experiencing homelessness is never easy, but the winter months can be especially miserable and even life threatening. Our team continues to reach out to our neighbors in downtown Portland and all over the city with our Search + Rescue van.

Items we currently need are:

- Blankets
- Coats
- Gloves
- Hats
- Hand warmers
- Travel size hygiene items (toothpaste, deodorant, shampoo and conditioner)

Donations can be dropped off at 3 NW Third Avenue in Portland or call 503.274.4483. Thank you for your partnership and generosity!



FEBRUARY 2020

“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11

BILLBOARD

A Message from Union Gospel Mission
Director Bill Russell



I started a rock band when I was 17. The college I attended produced a magazine that featured my band under the title “Small Time Rock n’ Roll.” Fair enough, we weren’t “The Rolling Stones” or “The Eagles.” That experience allowed me to see the importance of *confidence* in life. Confidence (not arrogance) is vital for success.

In addiction recovery we confront negative false beliefs that people have about themselves, such as, “*I will fail no matter what*” or “*I will never amount to anything.*”

In LifeChange, abilities are seen, and confidence grows in work therapy. When a person feels productive, they quickly go from feeling worthless to feeling valuable. As our residents advance through LifeChange they are given opportunities to lead and take on more responsibility. At the end of their recovery program many residents have confidence in their abilities within the walls of UGM but still lack confidence to try their new skills outside of the Mission.

UGM’s new *Career Advancement Program (CAP)* gives residents the opportunity to attend a college course that gives them confidence to take the next steps outside the mission. They can pursue internships and aim their efforts at their dream job rather than just any job. They are given a chance to use the gifts that God gave them. In the end, our graduates will follow the biblical directive to work and not be in any need.

Bill Russell
Executive Director

Save the Date!

Join us on Mother’s Day weekend,
**Saturday, May 16th for
Union Gospel Mission’s 4th Annual Tea.**
10:00 am – 12:00 pm

A fundraising event benefiting
LifeChange for Women and Their Children.

*Come share a pot of tea with our LifeChange residents
and hear how God has transformed their lives.*

This tea party isn’t complete without table hosts and sponsors. If interested, please contact Crystal at 503-274-4483 x 508 or email crystalm@ugmportland.org
For more information, please visit www.ugmportland.org/tea

LIFECCHANGE LETTER

is a publication of Union Gospel Mission

3 NW Third Avenue | Portland, Oregon 97209 | 503-274-4483 | www.ugmportland.org

